

# Supplements plus Snowfall of Savings

Changing the world through healthy living by putting **YOU** first!  
Associate chains: Alive Health Centre in BC & Morning Sun in Alberta



**FREE**  
with purchase  
of \$150 & up

Serving Your Health Care Needs With 29 Locations in Canada Since 1983

Sale Ends January 31, 2012



ask Alice

## ANTI-AGEING - WHAT DOES THIS MEAN TO YOU?

Someone once told me bluntly: "The bad news is, we are all going to die one day, but the good news is we have a choice of how to live the years we spend on this earth." So the next time someone splashes the words Anti - Ageing in front of you, think about what it means to you? For some it is: to regain well-being and vitality, to optimize the body's ability to defend against pathogens and to help protect against the ageing process. A common argument is that we are all going to age and that it is inevitable; an attitude conveying "why bother". It is true, we are all going to get old, BUT it is the quality of life that we are striving for. You can live 90 years, but of those 90 years don't you want to be functional, walking around, telling stories and laughing? That is why my team at Alive Health Centres + chains and I are whole heartedly committed to changing the world through healthy living. We strive to prevent signs of accelerated ageing such as premature memory loss, pains, frequent infections, persistent fatigue, digestion problems and age related illnesses. How can this be achieved? It takes more than just exercise and healthy eating, it takes vitamins and one of my favourite essential supplements is Royal Jelly (pg 2) because it is truly one of the most all encompassing nutrients out there. While it appears costly, the abundance of health benefits makes the Alive Brand Royal Jelly PRICELESS! I often kid that Royal Jelly is part of my health insurance. In all seriousness, it is working for me every day by protecting my body's cells from free radicals, allowing the brain to focus, keeping healthy skin, hair and nails, protecting my immune system, providing me with antibacterial properties and countless other functions. Now when you hear the words Anti-Ageing remember it is more than banishing that stubborn wrinkle, but rather preventing more serious health issues that can get in the way of living. Remember, LIFE is the most important thing and together we can make the most of it...

Alice Chung has been in the health industry since 1978. She owns Alive Health Centres (BC), Morning Sun (Alberta) and Supplements Plus (BC & Toronto). She is a young looking, energetic 64 years old and is a fervent believer that leading a healthy lifestyle with nutritional supplementation contributes greatly to her success. Alice works Thursday to Saturday at the Oakridge store, Vancouver, 604-263-3235 or toll-free at 1-866-499-9546.



**DO YOU LOVE CARBS?**  
**PHASE 2™ - White Kidney Bean Extract Block Carbs From Being Absorbed!** Dr. Oz (April 28/2011) showed an excellent animation to help make sense of what occurs when you eat those tasty, irresistible carbohydrates such as: *pizza, bread and pasta!* Dr. Oz explained that as your body digests carbohydrates they convert into sugar right away, then flow through the blood stream and lastly it deposits itself as FAT! While they are tasty, they definitely do not help their waist line. Like many North Americans we know carbohydrates are the enemy, but yet it is impossible to cut them out as much as we should...BUT now you can take the **White Kidney Bean Extract (Phase 2)!** It works by paralyzing the enzyme in your stomach that would normally turn the starch into sugar. By stopping your body from absorbing the sugar, it cannot turn into the dreaded unwanted FAT! Dr. Oz recommends you take the **White Kidney Bean Extract before starchy meals.** Remember, you can try to eat white kidney bean, BUT you would have to eat A LOT in order to get the same benefit as you get from the extract found in capsule form. The natural and safe answer is finally here! You now can have your cake and eat it too with the fabulous Phase 2!

**\$21<sup>99</sup>**  
60s  
Save \$7  
Buy 6, get one FREE

**EFFECTIVE!  
MANY REPEAT  
CUSTOMERS!**



NPN80025549

## Hyaluronic Acid "This amazing molecule can erase years from your face, protect your joints and more!"

– *Woman's World, Dec. 15/03, Alive Magazine 8/04.*  
Our bodies naturally produce about 3 grams of HA daily when we're young. Unfortunately, the ability to produce HA drops as we age. In the past, the only way to get more HA was by injection, but it's now possible to get HA's benefits from a pill. And with just a few capsules a day, you can: **"Banish wrinkles." Taking HA for just 4 months boosts collagen production almost three-fold, resulting in firmer, smoother, more youthful looking skin.** "Speed healing and prevent scarring, ease joint pain and improve your vision," according to *Woman's World*. **95% pure Hyaluronic acid, 50mg.** Most on the market are from rooster comb/chicken source and only contains 15% HA. This product is extracted by bacterial fermentation from Europe & is highly absorbable. Stay youthful and healthy with this incredible product!

**\$43<sup>99</sup>**  
60s  
Save \$11  
Buy 6, get one FREE

**Unclogged Arteries!**



## Strauss Heart Drops – Clogged Arteries? High Cholesterol? HBP? Bad Circulation?

Strauss Heart Drops is your answer! We received countless testimonials from customers over the years saying how Strauss Heart Drops gave back their lives. They can go ballroom dancing, travel, enjoy their families and friends without feeling exhausted, drive again, etc. **MOST IMPORTANT! They don't worry anymore!** Merle: " This customer had 2 x 100%, 1 x 90%, 1 x 80% clogged arteries. After only 4 months with Strauss Heart Drops, his checkup at St. Paul's showed all the four arteries were unclogged!"

**Deal of a Lifetime!**  
50ml-100ml-250ml  
**BUY 1, GET ONE FREE**

Supplements plus

Redeemable by bearer for merchandise at any Supplements Plus stores in Toronto when you purchase a minimum of \$30 (excluding tax).

Coupon must be presented at time of purchase. One coupon per family. Not redeemable for cash. Coupon cannot be combined with any other coupon offer.

**\$2 OFF**

Expiry Date:  
January 31, 2012

## BOTTLE RECYCLING

We REWARD you for recycling. Bring your empty vitamin bottles to purchase any vitamins and receive 50¢ OFF. One empty bottle to one product purchased at the time of purchase.

**CUSTOMER APPRECIATION DAY - 1st TUESDAY EVERY MONTH**  
**15% OFF ENTIRE STOCK**

Except sales items. Remember to mark it on your calendar.



www.alivehealthblog.com

**LONGEVITY  
REMARKABLE  
ENERGY,  
YOUTHFULNESS  
& PRODUCTIVITY!**



**Royal Jelly: Whats all the Buzz is about??** Royal Jelly is not the same as pollen or propolis. It's a secretion from the glands in the heads of the worker bees which is secreted to feed the Queen continuously and Worker larvae are only fed 3 days. The Queen Bee is fed large quantities of Royal Jelly, she lives 4-5 years, and the Worker Bees fed with pollen, honey live just 6 weeks. Why? The Secret is Royal Jelly. The Queen is the most energetic and the most remarkable insect in the insect kingdom. Won't you like to live long, be energetic, healthy, youthful-looking, and be as nutritiously fed as the Queen Bee? Epigenetic Effects: The honey bee Queens and Workers represent one of the most striking examples of environmentally controlled phenotypic polymorphism. In spite of their identical, clonal natures at the DNA level they are strongly differentiated across a wide range of characteristics including anatomical and physiological differences, the longevity of the queen and reproductive capacity. A female larva destined to become a queen is fed large quantities of royal jelly that triggers a cascade of molecular events resulting in queen development. It has been shown that this phenomenon is mediated by an epigenetic modification of DNA. This finding suggests that DNA methylation in honey bees allows the expression of epigenetic information to be differentially altered by nutritional input. Royal Jelly is a nutritional powerhouse - all the B vitamins, high concentration of B5, enzymes, 18 amino acids, DNA, relatively high amounts (5%) of fatty acids, 12.5% protein, trace minerals, antibacterial and antibiotic components, Vit C and more... Alice has been taking RJ for over 30 years!

**1200 mg  
Buy 1,  
get one  
FREE  
Save 50%**

**INFLAMMATION  
PAIN**



**Alive Brand Joint Formula  
MSM & Glucosamine Sulfate 1000mg**  
*Extremely effective in treating inflamed painful joints from Osteoarthritis or overuse. Inflammation is subsided by MSM-a derivative of DMSO. Together with Glucosamine painful joints can become manageable. Glucosamine helps to reduce pain, build cartilage, tendons and ligaments allowing for increased mobility. This formula is also fantastic to prevent joint pain in the first place. Athletes are huge advocates of prevention; they know how important it is to replace and to continually repair the joints. The combination of Glucosamine and MSM helps increase mobility for elderly, for athletes and people experiencing pain. Remember PREVENTION is key! It's time to FEED your joints! NPN 80009706*

**33% MORE!**  
**\$24.99**  
Bonus Size  
60 caps FREE  
Buy 180s,  
get 240s



**AMAZING  
ENERGY &  
IMMUNE**

**Mikei Red Reishi Essence Capsules**  
Experience the *hottest selling supplement from Japan!* (Yes this is the one that everyone is about!) **Need a Boost? Fast Acting - You'll noticeably feel energized and less stressed! In ancient Japan, this rare Red Reishi mushroom was coveted by emperors and royals for its seemingly miraculous effects. Today, this mushroom is known as nature's most powerful adaptogen - working to normalize the body and increase its performance.** Studies show strong anti-tumor/anti-cancer properties - an essential preventative approach to your health. **Exclusive only to Supplements Plus, 20 caps FREE with Double Pack!**

**EXCLUSIVE  
promotion  
\$179.99**  
2 boxes of  
60s + Bonus  
20 FREE caps  
**\$95.99**  
box of 60s

**OSTEOARTHRITIS**



**Alive Brand Glucosamine & Chondroitin Sulfates (95%) 900mg - Freedom to MOVE!!** It's time to get back to moving around without having to think about whether it's going to hurt or not. Glucosamine helps to **build up those soft tissues, tendons, cartilage and ligaments, but Chondroitin is the secret to feeling the fluidity in your movement again!** It draws fluids and water into the joints providing **lubrication**. According to an article in the **Vancouver Sun in 2006** those with **Osteoarthritis greatly benefited from this combination of Glucosamine and Chondroitin (79% felt improvements)**. As long as you stick to the dosage and take it every day, you will remember what it felt like to be 10 years old as your flexibility and ease of movement is restored. NPN 80009744

**25% MORE!**  
**Lower Price  
\$32.99**  
Bonus Size  
45 caps FREE!  
Buy 180s,  
get 225s



**WHAT  
WRINKLES?**

**Mitsuwa Collagen Pure - Feel Fabulous Inside and Out!** Did you know that **Collagen fibers make up 75% of your skin and are responsible for maintaining its structure, hydration and daily repair and therefore VITAL to our health?** If neglected or exposed to damaging elements such as: sun exposure, pollution, poor nutrition and lifestyle habits; collagen loss directly influences skin deterioration and speeds up the aging process. In fact **collagen starts to break down as early as our mid 20's!** Maintaining collagen in our body is absolutely essential to living a **higher QUALITY of life.** Collagen makes up our: tendons, ligaments, joints, skin and more! **Hate swallowing pills?** Now you can **prevent/repair aches, pains and dreaded wrinkles by simply drinking the tasteless 100% pure Mitsuwa Collagen every morning on an empty stomach!**

**\$99.99**  
60 sachets  
**Exclusive Offer:**  
FREE Reishi  
Cream (\$19.99)

**IMMUNE  
ALLERGIES**



**Ester-C® Supreme**  
In addition to the ingredients in the regular SISU Ester-C®, the Supreme contains 100 mg polysaccharides, quercetin and multi-antocyanidins (bioflavonoids from bilberry, grape, etc). These added ingredients improve the formula. **Better formula for those with allergies, spider/varicose veins and bruising.**

**25% MORE!**  
**\$23.99**  
Bonus Size  
30 caps FREE!  
Buy 120s,  
get 150 Vcaps

**IMMUNE**



**Ester-C®**  
Ester-C® is a unique, patented vitamin C - **non-acidic** and naturally processed with a neutral pH for **sensitive stomachs** for those with **acide reflux and ulcers**. Clinical testing shows that Ester-C brand calcium ascorbate is **better absorbed and excreted less than ordinary Vitamin C.**

**25% MORE**  
**\$18.99**  
Bonus Size  
30 caps FREE!  
Buy 120s,  
get 150 Vcaps

**UNBELIEVABLE  
PRICES!**



**CoEnzyme Q10 60mg Bonus Size** - *The little pills that keep you young!* Your **heart, arteries, immune system, energy level, periodontal diseases** can greatly benefit from this little known wonder nutrient. Woman's World (11/30/04) says, "Research shows a daily dose of 100mg - 150 mg of this super anti-oxidant can **keep your health and your figure in great shape!**" Woman's World says CoQ10 has helped people with **Parkinson's disease, Alzheimer's and migraines.** Want to fight off aging and maintain health? Take CoQ10 daily!

**\$24.99**  
Bonus Size  
Buy 120  
Get 140 Vcaps

**DR. OZ  
BEST SNACK  
FOR 2010!**



**SaviSeed or what Dr Oz called "SACHA INCA NUTS or INCA PEANUTS from Peru"** - It is rated by Dr Oz to be the **Best Snack of 2010!** Dr Oz said the research on this nut "blew him away" because it's "loaded with Omega-3 and vitamins. Dr Oz loves walnuts, but he found "Inca Nuts (SaviSeed) has 3 times more Omega-3 and 2 times more fiber than walnuts. It contains 27% of protein; 48% of Omega-3, 36% of Omega-6; 9% of Omega-9. It is one of the largest plant source of the omega family of fatty acids. This nut or seed is used in vegetarian diets to provide a plant source of rich omega 3 fatty acids. It gains International recognition for its taste and health properties. In June 2007 it won Gold Medal in the specialty Food Community Competition. Sequel! SaviSeed comes in 3 delicious flavors, Cocoa Kissed; Kamalized and Oh Natural. **You will love them! Why not snack on something which is tasty and healthy? Remember it's DR OZ BEST SNACK OF 2010!**

**\$7.99**  
5 oz  
Save \$2



**HAIR  
LOSS**

**Hair Force™ + FREE Ultra Sil**  
An effective nutritional formula for **improving the health and beauty of hair and prevent hair loss.** Rich in biotin, B-complex, L-cysteine and important minerals. Use with **Vegetal Silica** to get maximum results. **BONUS:** Receive a 90 size UltraSil (Vegetal Silica \$23.99 value) **FREE** with the purchase of Hair Force.

**\$29.99**  
Shrink Pack  
Buy 90s, get  
90s UltraSil  
FREE!

**INCREDIBLE MUSHROOM FORMULA!**



**Immune 7 - High Quality Mushrooms Combination with Extremely High Beta Glucans!** A potent immune formula containing 6 Organic whole mushrooms mycella consisting of Agaricus, Cordyceps, Coriolus Versicolor, Maitake, Shitake, Red Reshi with up to 58.5 beta glucans each including Nitricol antioxidant to amplifies its delivery for those who need **Serious Immune Support**, to **Strengthen, Rebuild and Maintain the body.** Immune 7 provides the immune system with the elements necessary to prevent and arrest diseases! Each species uniquely support the immune response and is exceptional for serious conditions and diseases.

**\$41<sup>99</sup>**  
120 vcaps  
Save \$8

**ATTACK COLD & FLU!**

**KI - Recover FAST & PREVENT!**

**Step 1. Ki Cold & Flu ATTACK Formula - Fight the virus, relieve symptoms fast and recover QUICKLY!**

**Step 2. Ki Immune Defence & Energy Formula - Weak Immune System? Prevent Getting SICK Right from the START!**

1) Can't afford to miss time off work, suffer through exams or travel uncomfortably due to due to an annoying COLD or FLU? Be dependable this year with **Ki Cold & Flu Attack Formula.** It nips symptoms in the bud FAST!! Take 2 tablets of **KI IMMEDIATELY** at the first sign of an infection, fever until symptoms subside. Ki's formula consists of **Andrographis (KalmCold™)**, **Fresh Ginger** and **Zinc.** Together this formula will out-smart nasty throat infections and swollen glands, chest infections, cough and nasal congestion, headaches, earaches, fever and chills. 2) Then for a solid recovery build your reserves with 1-2/day of **Ki's Immune Defence & Energy Formula on a continuous basis.** Stressed immune systems fail us making a large portion of the population **CHRONICALLY SICK!** STOP the cycle with **Ki's Immune Defence formula** as it boosts and modulates immunity, is an **energy tonic** and supports the cardiovascular and digestion system. This wonderful formula consists of **Astragalus, Shitaki Mushroom and Olive Leaf.** Together this adaptogenic formula helps **PREVENT** recurring infections, the severity of hay fever and sinusitis. Don't take the chance this winter of getting sick! Stock up with this amazing deal!

**\$21<sup>99</sup>**  
30 Tabs  
+ Immune Defence 30 FREE

**COLD SORE & SHINGLES FIGHTER**



**Pure L-Lysine 500 mg capsules - Kiss your Cold Sores Good-Bye!** You don't have

to go to the U.S. anymore to get Pure Lysine to treat your **cold sores or herpes!** L-Lysine helps to combat **colds, boost your immune system.** It's powerful anti-viral properties help to prevent or reduce the severity of **cold sores, herpes, shingles** and **chicken pox.** NPN 80009672

**\$8<sup>99</sup>**  
90s  
Buy 6, get one FREE

**ASTHMA? PUFFER?**



**Respiractin - Asthma? Bronchitis? Allergies? Puffer dependent? Feels like you can't breathe? Need the Puffer constantly? Stuffy nose at night?**

**Constant Infection?** Respiractin, a century old liquid herbal remedy opens the airways, providing clearer breathing. **A child mentally and physically challenged who regularly contacted pneumonia and bronchitis, given only a few years to live, took Respiractin and after more than 10 years now continually use this, is a healthy young woman!**

**\$14<sup>99</sup>**  
8 oz  
**\$45<sup>99</sup>**  
1 L  
Save up to \$6

**SHORT BUT POWERFUL!**



**Total Body RAPID CLEANSE**

Couldn't be bothered to stay on a cleanse too long, **but need the job done? Rapid Cleanse is your answer!** This powerful 7 days cleansing program will cleanse and detoxify the body's 7 channels of elimination: **liver, lungs, colon, kidneys, blood, skin & lymphatic system.** It will **enhance the normal process of detoxification (processing the body's toxins, free radicals, and pollutants) and cleansing (eliminating these substances through the bowel, urinary tract, and skin.**

**\$27<sup>99</sup>**  
Kit  
Save \$6

**50% PROFIT OF "PINK LEMON" DONATED TO BREAST CANCER**



**Emergen-C - Electrolyte and Mineral Ascorbates for Energy Boost, Prevents Colds & the Flu!** Great for Athletes, Weight Watchers, who have no time to take supplements and those who are often sick with colds and the flu. Those who drink artificially sweetened drinks, trying to lose weight should use **Emergen-C** to substitute. All you have to do is open a sachet and pour into a bottle of water and drink it throughout the day. Tastes delicious with many flavours to choose from. You will have more energy from the electrolytes and minerals and it will stop your craving for sweets. Multiple Flavors and Low Calorie Available!

**\$16<sup>99</sup>**  
30s

**AMAZING DEAL!!**



**Oscilloccinum - Best Flu Buster!**

The homeopathic flu medicine in N. America & Europe by choice! At the first sign of flu: **fever, chills, body aches, sneezing, run-down;** take one dose of this amazing product in the morning & evening for 3 days. 3

doses if you already have the flu. Safe for children and the elderly. 4 randomized clinical trials showed clear improvement within 48 hours! No known side effects; no drug interaction, no contraindication. Take a box on vacation, they come in handy!

**\$19<sup>99</sup>**  
18 Bonus Pack  
6 EXTRA Doses!

**DRY EYES STRAINED EYES CATARACT?**



**Bilberry Extract - High Quality Indena Grade from Italy**

Bilberry is a powerful antioxidant containing a group of flavonoids called **anthocyanosides** which increases production of collagen, vital to our whole body. Research showed Bilberry to be **effective improving night blindness and hemeralopia (day blindness), glaucoma, diabetes, floaters & cataracts.** Truck drivers, pilots, students on long hours driving, flying or before computer screens can greatly benefit with Bilberry. NPN 80002163

**\$25<sup>99</sup>**  
120s  
Save \$10  
Buy 6, get one FREE

**BALANCE BLOOD SUGAR**



**Cinnamon Extract 20:1 - Diabetic? Insulin Resistance?**

A study from the Human Research Center of USDA and the Univ. of California, suggests **"this remarkable spice can improve insulin sensitivity and glucose metabolism and potentially counter or reverse the course of obesity"**. Cinnamon has an active ingredient known as **MHCP** which appears remarkably similar to insulin. Together, the cinnamon compound and the body's own insulin combine to lower blood sugar levels. **Customers who are insulin resistance (pre-diabetic) or diabetic, have greatly benefitted taking Cinnamon Extract resulting in weight loss and sugar balanced.** NPN 80013266

**\$16<sup>99</sup>**  
60s  
**\$29<sup>99</sup>**  
120s  
Save up to \$8  
Buy 6, get one FREE

**REAL TESTIMONIALS!**



**Bell "Help for Skin Disorders" -**

The response from an Ad by Bell recently created such a BUZZ that all the stores in Canada went out of stock! If you have **ACNE, ECZEMA, PSORIASIS, PIMPLES, RASHES** and you have tried everything under the sun, try this product. These testimonials are from real people and Bell will provide phone numbers: **Terrible Acne - Mylene, 19, QC - 3 years on Benzoyl Peroxide, Proactiv, etc. no help. After 4 days on Skin Disorders, skin started to clear up, from terrible to beautiful skin! Within 6 days Eczema Cleared Completely: Latifa, 43, ON. I had Severe Psoriasis over 95% of my body. Last 5 years I stunned every doctor and dermatologist. Within 2 days on Skin Disorders I saw my skin clearing up, I'm speechless, Jessica, BC.**

**\$29<sup>99</sup>**  
90s  
Save \$4

**OFFICIAL MULTIVITAMIN OF THE CANADIAN SKI CROSS TEAM**



**Platinum Activ-X - Certified for Sport™ by NSF International - FREE of Banned Substances!**

You work hard, you play hard and you train hard! You constantly raise the bar. You need every advantage you can find to push your body and your mind to new limits, you **NEED ACTIV-X.** Contains unique blend of antioxidants, omega oils and adaptogens in addition to essential vitamins & minerals using the **Omega Suspension Technology** to maximize absorption in a softgel. Added adaptogens give athletes or high stress individuals the boost they need to improve physical & mental performance. Separate formulas for men and women.

**\$38<sup>99</sup>**  
60 Softgels  
**\$69<sup>99</sup>**  
120 Softgels

**MAINTAIN IMMUNE SYSTEM**



**Joy of The Mountain - Oil of Oregano A+**

Helps to maintain Immune Function and Good Health.


**\$16<sup>99</sup>** 15ml  
**\$26<sup>99</sup>** 30ml  
Save up to \$13

Bring your empty vitamin bottles to purchase any vitamin or supplement and receive 50¢ OFF your purchase. Empty bottles must be presented at time of purchase. One empty bottle per one item purchased.

Diabetic \* Dry Strained Eye \* Immune Boosters \* Skin \* Alzheimer's




**STOP WEIGHT GAIN!**



**WeightOFF® - According to a Study...Lose an Avg. Of 11lbs in 60 Days!** WeightOFF's clinically PROVEN ingredients help: increase satiety (FEEL LESS HUNGRY), increase energy expenditure (BURN MORE CALORIES) and improve lean body composition (BURN FAT NOT MUSCLE)! This Safe and Effective formula WeightOFF actually targets FAT stores with its breakthrough proprietary complexes: **1. Slim Force** helps kick your body into a fat burning state. **2. Lipo Glow** is a release and burn technology that helps to increase calorie burning while making you feel less hungry resulting in greater weight loss! WeightOFF covers all the challenges of losing fat. Join in on all the fun of successful weight loss stories: **one woman lost 17lbs in 50 days another lost 11lbs in 30 days!**

**\$28<sup>99</sup>**  
60 GelCap  
Save \$5


**HUNGRY FREE FOREVER!**



**PGX Daily – (Dr Oz Best Wt Loss 2010 is “Glucomannan” or Konjac Root - 1st ingredient in PGX)** This “super fiber” with Glucomannan has undergone extensive research at U of Toronto, demonstrating it's effective in weight loss. It works by “helping you painlessly shed pounds without ever feeling starved” according to Drs. Murray and Lyon, because PGX creates and maintains a satisfying sense of fullness, controls and balances blood sugar levels and lowers the glycemic index of your meals by up to 50%. Therefore, you'll have less cravings for sugars and carbohydrates, ultimately losing weight.

**\$26<sup>99</sup>**  
120 Softgels  
**\$49<sup>99</sup>**  
240 Softgels


**HORMONE RELATED PROBLEMS?**



**EstroSense – Natural Hormone Balancing.** EstroSense contains vital ingredients to help all woman to balance hormones and to prevent hormone related problems. Who needs hormone balancing therapy? All women but especially those with: • Endometriosis • Fibrocystic Breast • Peri-menopause • Acne • Ovarian Cysts • Uterine Fibroids • PMS • Flooding periods • Bone loss, etc.

**\$55<sup>99</sup>**  
Vcaps  
Buy 120 get 60 FREE


**QUICK MENOPAUSE RELIEF!**



**Harmony** ♀ Harmony's formula is unlike any other available on the market! It addresses more than just hot flashes. 21 symptoms may be experienced and Harmony works specifically on hormone and heat regulation to menopausal symptoms. **Cooling & Calming:** Harmony helps cool the heat; calm the mind; feel less irritable and sleep soundly! **Nourishment and Moisture:** Harmony's nourishing formula prevents the vaginal dryness that comes with age. **Hormone Balance:** Harmony targets the underlying cause of menopause that are out of balance Testimonials report positive results in reduced menopause symptoms in as little as 4 days!

**\$26<sup>99</sup>**  
60s  
**\$44<sup>99</sup>**  
120s  
Save up to \$8


**DR OZ SAYS DMAE CREAM IS AMAZING!**



**Viva DMAE Serum with Hyaluronic Acid, Alpha Lipoic Acid & C Ester (Amaze Concentrated Anti-Aging Serum)** DMAE is proving beneficial in reversing the effects of Skin Aging, such as Wrinkles, Sagging and to Tighten Skin. Dr Perricone who appeared on Dr Oz Show said “by using DMAE Cream on your skin, you will immediately see a change in your skin and an increase in your Skin Radiance!” Dr Oz showed a “before and after” picture of a woman who used DMAE Face Cream and the results were really Astonishing! Amaze Concentrated Anti-Aging Serum contains DMAE as 1st ingredient but it also has Hyaluronic which is fantastic to Stimulate Collagen and “Plump the skin from inside out” and it's one of the Most Rehydrating ingredient for the skin ultimately giving a wrinkle free, smooth and tight skin reducing sagging and lines!

**\$42<sup>99</sup>**  
30ml  
Save \$7

**PREMIUM HYALURONIC ACID**



**HA Premium – Hyaluronic Acid Concentrated Eye & Face Toning Serum.** Want to erase years from your face? Try this concentrated serum. Hyaluronic Acid (HA), a naturally occurring substance in the body which unfortunately decreases with age, holds up to 1,000 times it's weight in water. It's unmatched hydrating properties PLUMP the skin from inside out, stimulate collagen, resulting in firmer, smoother and youthful looking skin. Your eyes will look firmer, softer & radiant!

**\$36<sup>99</sup>**  
15ml  
Save \$6


**AS SHOWN ONLY ON YOUTUBE CLINICALLY PROVEN!**



**AGEOFF® Face & Body Nutrition™ & AGEOFF® Wrinkle-Reduction Serum™ - Decrease Cellulite, Reduce stress & fatigue levels...NOT too good to be true** ... Popular and in high demand for a number of GOOD reasons...AGEOFF Serum reduced appearance of wrinkles by 45% in just 56 Days! Then the amazing internal AGEOFF formula found in a 12 week clinical study that the test subjects lost an average of 9.9lbs of pure FAT without the loss of muscle mass and increased bone mineral density!! With 1 capsule twice daily you are on the road to youthful skin. FAT LOSS and reduction of STRESS!! The ALL-NATURAL AGEOFF serum contains a precise concentration of amino acid peptides suspended in hyaluronic acid and is fortified with certified organic plant nutrients. Highlights include: 1)Phenoxethanol-free, Paraben-free and Alcohol-free. 2) Ultimate peptide concentration leads to a more pronounced tightening effect. 3) Highest per centage technically possible of hyaluronic acid! AGEOFF well researched capsules consists of CoQ10, Alpha Lipoic Acid, Forskolin, Lutein and other world leading natural ingredients designed to optimize longevity. Take the Internal Capsules and use the Serum topical to get the maximum results! A Youthful Slim you in 2 months!

**\$51<sup>99</sup>**  
60 Vcaps  
Save \$9  
**\$46<sup>99</sup>**  
Serum 30ml  
Save \$8


**YOUR SECRET TO REDUCE WRINKLES, INCREASE BONE DENSITY**



**BioSil – Regenerates Your Own Collagen with Your Own DNA!** Reduce Wrinkles and Fine Lines, Maintain Thick, Strong, Healthy Hair, Strong Nails, Increase Bone Density and Flexibility! Collagen is your secret to prevent wrinkles from forming, give skin elasticity, helps to create thick and strong hair, strengthen nails and bones. You lose 1% collagen yearly starting at age 21, by age 30, signs of reduced collagen become visible. BioSil is not your ordinary collagen you ingest where your body breaks it down and use as food. BioSil's patented ch-OSA® complex helps your body to GENERATE ITS OWN COLLAGEN! Huge difference with ingested Collagen! Bio-Sil works through your body's natural pathways, the collagen it generates has your own DNA fingerprint! Therefore, you will see results very quickly!

**\$34<sup>99</sup>**  
30ml  
**\$24<sup>99</sup>**  
45 Vcaps  
**\$43<sup>99</sup>**  
90 Vcaps

**UNDERACTIVE THYROID**



**ThyroSense - Up to 25% of Canadian women have low thyroid. Tired? Depressed? Thinning hair? Gaining weight? Dry skin?** Hypothyroid affects 20-25% of females and 10% of males. An additional 20% may also have subclinical or mild hypothyroidism. If your thyroid gland is not operating at peak performance you will have trouble losing weight, have drastic weight increases, your hair may thin, and your skin will wrinkle excessively and be dry and you may experience menstrual problems or severe menopausal symptoms. Combine ThyroSense with multivitamins/ minerals for optimal health.

**\$36<sup>99</sup>**  
Vegicaps  
Buy 180s get 90 FREE


**MY LIFE IS GREAT NOW!**



**MenoSense – Relief from Hot Flashes and Sleep Throughout the Night Again!** Testimonial: JN, BC “I am 48 yrs old, and I started getting hot flashes this past summer that was really disrupting my life! I would have them continuously throughout the day and wakeup during the night 3 or 4 times. I was a wreck from sleep deprivation. Finally I tried a combination of MenoSense & 5HTP, pg 6 (serotonin booster). Within 3 weeks I wasn't having hot flashes anymore ... nothing! I now have my life back!

**\$39<sup>99</sup>**  
Vegicaps  
Buy 180 get 90 FREE


**BUILD NEW BONE**



**Bone Basics - Osteoporosis? Don't want to take medication, this is for you!** Made from Microcrystalline Hydroxyapatite Complex (MCHC), extract of bovine bone that retains the microcrystalline structure and micronutrient content of whole bone and a full spectrum nutrient source. Proven in over 30 years of clinical trials to be the best calcium source for bone building and maintenance. MCHC is rich in phosphorus, which makes up more than half of the mineral content of bone and is needed for the functioning of osteoblasts, which are the cells that are responsible for building new bone. With Osteoporosis Bone Building is a MUST!

**Econo Size \$49<sup>99</sup>**  
360 Vegicaps

**PHYSICAL OR MENTAL STRESS?**



**Sisu B Stress with 250mg Rhodiola Bonus Size** Complete B Complex plus 250mg Rhodiola to support overall health, particularly in people under physical or mental stress. B Vitamins support liver detoxification, healthy cholesterol levels, adrenal function, and hormone balance. Rhodiola is an adaptogen, meaning it normalizes production of certain hormone within the nervous system to invigorate a sluggish system or calm an agitated one. Rhodiola is clinically proven to improve general well-being, decrease mental fatigue and improve performance during period of stress.

**\$26<sup>99</sup>**  
Bonus Size  
Buy 120, get 150 Vcaps



**Norwegian Ultra and Super Concentrate Fish Oils - Finally One-A-Day!** High Potency EPA Omega-3 Fish Oil, Molecularily Distilled, 3rd party tested, enteric coated, you find your choice here! Super Concentrate Omega-3. Contains 400mg EPA and 200mg DHA for cardiovascular health, reduce serum triglycerides, support cognitive and brain health Ultra Concentrate Omega-3 - Enteric coated, Burp-Free. Contains 790mg EPA and 140mg DHA. Although Omega-3 fatty acids have been known as essential to normal growth and health since 1930s, awareness of their health benefit has dramatically increased in the last few years due to more research and approval by Health Canada to make certain claims. In addition, above claims, **Omega-3 has been very helpful to reduce pain associated with Arthritis, skin conditions like rosacea, eczema, psoriasis, mood and depression, and more.** We received NPN from Health Canada for both products: NPN80022323 & 80022457

**\$20<sup>99</sup>**  
 Super 60s  
**\$37<sup>99</sup>**  
 Super 120s  
**\$21<sup>99</sup>**  
 Ultra 30s  
**\$38<sup>99</sup>**  
 Ultra 60s  
**Save up to \$11**



**Lutein Eye Formula - 18 mg With Blueberry & Bilberry. Without sight, the world is dark!**  
 The only lutein on the market with blueberry, due to popular demand. This unique formula is a must for anyone with **macula, cataract or other eye and vision problems.** This formula is recommended for prevention also. Scientists believe that lutein filters out the blue light from the retina and prevents oxidative stress or free-radical damage in the eye's macula.

**\$29<sup>99</sup>**  
 60s  
**Save \$12**  
**Buy 6, get one FREE**



**Curamin® - When Pain is the Problem, CURAMIN® is the ANSWER!** - Woman's World, 11/1/10 Back Pain Cure. "Nearly 90% of American Adults do at some point in their lives suffer pain, but Nancy Woodland was one of the worst sufferers. She herniated the L4-L5 disks of her lumbar spine. She had to use a cane, cannot dress herself, lots of painkillers and even after surgery, it was not helping! "Miracle in a Bottle" Nancy's health food store recommends Curamin®. Nancy was skeptical "but what do I have to lose?". Hobbling to her car, Nancy swallowed the recommended dosage of Curamin® right there in the parking lot. By the time she got home, she was "standing upright without her cane-and that her pain level had gone from a 10 all the way down to zero in just an hour!" Curamin® contains 3 powerful, effective and clinically proven ingredients into one award-winning product to relief pain like never before\* DLPA, Boswellia (BosPure®) and Curcumin\* (BCM-95®).

**\$34<sup>99</sup>**  
 60 capsules



**Sytrinol - Lowers Cholesterol in 30 Days!**  
 As Seen in the Van Sun and Fanny Keefer Show! Sytrinol is a patented combination of powerful natural ingredients. Studies have revealed that Sytrinol is able to: **Lower: total cholesterol by 30%; LDL "bad" cholesterol by 27%; triglycerides by 34%; Keep arteries clear in four human clinical trials when compared to placebo in a double-blind controlled crossover trial over 12 weeks, 30 days HDL "good" cholesterol was enhanced by 4%. Best news is that Sytrinol worked independently of diet changes! Only one a day!**

**Incredible Price!**  
**\$29<sup>99</sup>**  
 60s  
**Save \$22**



**Black Cherry Juice Extract - Suffering from painful joints or toes from Gout?** Try this amazing black cherry capsule - a **natural uric acid neutralizer.** Countless anecdotal reports have shown that eating cherries, drinking pure cherry juice or taking cherry extract capsules have **reduced pain and swelling for gout sufferers very successfully.** NPN80022934

**\$10<sup>99</sup>**  
 60s  
**\$17<sup>99</sup>**  
 120s  
**Save up to \$11**  
**Buy 6, get one FREE**



**CoEnzyme Q10 100mg High Potency Bonus Size + FREE Vit D3 1000IU 90s**  
 Recent studies show that Coenzyme Q10 "can slow the decline of early diagnosis of some serious neurological disorders (e.g. Parkinson disease)," besides heart health (NF Profile data). Those given the largest dose of CoQ10 (1200mg daily) had 44% less decline in mental function, motor movement and ability to carry out daily activities. Those given 300 and 600mg also had less decline than the placebo group but their decline was not as pronounced, but significant. Softgel in a base of rice bran oil for improved absorption.

**\$29<sup>99</sup>**  
 Bonus 150s + FREE Vit D



**NutraSea Omega-3 Fish Oil**  
 NutraSea, the Omega-3 rich fish oil with the tasty aroma of a gourmet oil, provides benefits for **inflammatory conditions like Eczema, Rosacea, Joint Pain, Depression and Heart Conditions.** The liquid NutraSea features a delicious lemon flavour, a rich source of EPA and DHA, natural processing, 2.5 times better absorption and guaranteed purity. Because it contains **high amounts of DHA, this is excellent for children or anyone who wants to improve brain function.**

**\$23<sup>99</sup>**  
 120 Softgels  
**\$21<sup>99</sup>**  
 200ml  
**\$42<sup>99</sup>**  
 500ml



**Milk Thistle - Cleanse and Protect Your Liver!**  
 Dr Oz (8/31/11) said **Milk Thistle** contains Silymarin which helps to produce Glutathione in the body (Super Hero of Antioxidant) which is very important to stimulate good cells and dislocate toxic cells. Scientific studies and clinical trials over the last 40 years have shown that milk thistle protects the liver against acute & chronic viral Hepatitis, Cirrhosis, harmful environmental chemicals, toxins in our food and water, long-term alcohol consumption and prolonged use of prescriptions. Taking Milk Thistle also results in beautiful, clear skin, free from blemishes and age spots as the liver is cleansed.

**\$14<sup>99</sup>**  
 90s  
**\$24<sup>99</sup>**  
 180s  
**Save up to \$15**  
**Buy 6, get one FREE**



**Recovery Formula Repairs Damaged Tissues.**  
 This formula is **particularly effective for areas affected by arthritis and other painful inflammatory conditions to recapture mobility.** Due to modern living and injuries many young, not just the elderly, are afflicted with pain which inhibit their normal activities to be used to their maximum. **Recovery will help to restore normal activity what modern day has taken away! Contains all natural ingredients without side effects of prescribed inflammatories.**

**\$62<sup>99</sup>**  
 Extra Strength 360s



**5HTP (5-Hydroxytryptophan) 100mg**  
 5HTP is produced after consuming food containing the amino acid L-Tryptophan e.g. milk, turkey. 5HTP is needed to **produce Serotonin**, an important neurotransmitter required for **nerve, brain function and sleep.** Due to stress, poor diet, many of us are **deficient in Serotonin, which has been linked to depression, anxiety and sleep disorders, obesity and addiction.** Two common prescribed medication, SSRI's and MAO inhibitors are used to regulate Serotonin levels. 5HTP is a natural alternative to re-establish normal Serotonin levels.

**\$18<sup>99</sup>**  
 60s  
**\$34<sup>99</sup>**  
 120s  
**Buy 6, get one FREE**



**Udo's Choice Ultimate Oil Blend**  
 Contains an ideal balance of the Omega 3, 6 and 9 essential fatty acids, including flax, sunflower, sesame, mct and others. Excellent for building the immune system, moisturizing the body and for easing elimination problems.

**\$10<sup>99</sup>** 250ml  
**\$20<sup>99</sup>** 500ml



**NaturPharm M7+ (formerly M7) Highest potency digestive enzyme** a total of **18 enzymes:** protease, amylase, amyltase, invertase, lactase, lipase and cellulase. For all age groups, especially seniors with chronic or difficult digestive complaints: **gas, bad breath, bloating or fatigue** after eating, **constipation, diarrhea,**

**\$23<sup>99</sup>**  
 90s  
**\$43<sup>99</sup>**  
 180s

**OXIDATIVE STRESS AGING IMMUNE SYSTEM**



**Stimul'Ace® (FPP®) – Fermented Papaya Preparation** "also known as Immun'Age" At least 35 research papers have been published on FPP - fermented *Saccharomyces/Papaya Fruit on Aging, Immune, Oxidative Stress and Free Radical Damage*. According to Professor Luc Montagnier (HIV discoverer, 2008 Nobel Prize for Medicine): "We are chronically infected by germs, virus, bacterial, yeasts which are perfectly fixed but stay in a latent status thanks to our immune defenses. When these ones begin to weak, in the second quarter of our spiral (25-50 years), these germs begin to spread and lead to diseases. They especially produce, during their intracellular phase, free radicals, oxygen reactive species which will damage our tissues. They also promote production of free radicals by host defense reaction of our white cells. Adding to external environmental factors, begin an oxidative stress, in other words, unbalance between free radical excess and a low production of our antioxidants (glutathione, enzymes) or a low intake of essential nutrients (vitamins, micro-elements). Oxidative stress is a common factor in all diseases which appears in the two last quarters of our life". **Summary: FPP helps to protect by management of Oxidative Stress (destruction of free radical excess); helps to fight against aging; enhancement of immune system back by research.**

**\$84<sup>99</sup>**  
30 Sachets  
90g  
Save \$15

**HIGH IN ASTAXANTHIN & EPA**



**Antarctic Superba Krill Oil - 500mg** Krill are small shrimp like crustaceans, and constitute one of the most abundant sources of marine nutrients on earth. The harvesting of krill is regulated by the Commission for the Conservation of Antarctic Marine Living Resources (CCAMLR). Sunforce krill is harvested from the most pristine water on earth, using sustainable and ecologically sound high tech methods. **Krill oil is high in Omega-3 and some research points out that it will reduce cholesterol and lowers LDL more dramatically than fish oil. Another is, krill contains an antioxidant called ASTAXANTHIN. The algae that krill eat produces the bright red pigment astaxanthin.**

Unlike many other antioxidant, astaxanthin crosses the blood-brain barrier, where it could theoretically protect the eye, brain and central nervous from free radical damage. Unlike fish oil, krill doesn't cause fishy burps or an after taste. Not recommended for those with bleeding disorders.

**\$31<sup>99</sup>**  
60 Softgels  
Save \$8

**TROUBLE WITH BREATHING?**



**Deep Lung Cleanse - Deep Lung Cleanse - Lingering Cough? Asthma? Chronic Respiratory Conditions?** This amazing formula combines Eastern and Western herbs to provide **clearer breathing, better blood oxygenation, long term relief from asthma and other chronic respiratory conditions. Excellent to reduce inflammation and provide clearer breathing within minutes for asthma and to work to reduce the bronchial inflammation that is the root vcause of asthma.** It works effectively for other chronic conditions such as **allergies and chronic obstructive pulmonary disease, athletes desiring better oxygenation and breathing during training or competition and those who smoke or quit smoking.**

**\$19<sup>99</sup>**  
60s  
Save \$4

**AMAZING DEAL!**



**CleanseMore – Do you Empty Your Bowel At Least Once A Day?** If you are not, then you may be holding a lot of unwanted toxic waste in your body causing gas, discomfort and ill health. CleanseMore does not use any purging laxatives like senna which can irritate the colon and become dependent. CleanseMore helps eliminate through hydration of the colon, which is the most common cause of constipation. 2nd: helps with peristalsis which remove waste smoothly out of the colon. Vegicaps.

**\$31<sup>99</sup>**  
Buy 120s, Get 60 FREE (valued @ \$22.99)

**AMAZING ENERGY**



**Cellfood** What is Cellfood? Cellfood is a highly concentrated, super-energized proprietary formula containing **8 trace minerals, 34 enzymes, 17 amino acids** in a liquid. Cellfood releases both oxygen and hydrogen into the blood stream whenever and wherever needed. Cellfood's exceptional cellular support will **increase energy levels and brain functions, support lung functions, sustain endurance and stamina, 95-100% nutrient absorption, allergy relief** – sounds incredible? It is!

**\$34<sup>99</sup>**  
30ml  
Save \$8

**CONTAINS LOTS MORE THAN BASICS!**



**Platinum Super Easymulti Plus 45+ Men & Women.** Using the award winning **OST™ (OmegaSuspension Technology)**, a process that fully suspends active ingredients in Omega Oils, Platinum Easy Multi is easier to swallow, digest, absorb and more stable in a liquid softgel. Super Easymulti Plus contains a powerful combination of antioxidants proven to fight age-related degenerative diseases and reverse the signs of aging from inside out. These antioxidants help to neutralize free radicals, unstable atoms that cause damage at the cellular level, ultimately causing the body to age. This is not your everyday multivitamin.

**\$49<sup>99</sup>**  
60 Softgels  
**\$89<sup>99</sup>**  
120 Softgels  
Save up to \$7

**RESTLESS LEGS? INSOMNIA?**



**Tropic Magnesium (Bisglycinate) 560mg** High Blood Pressure? Fibromyalgia? Chronic Fatigue? Magnesium may be the **most important mineral** needed by the human body and is a **co-factor activating over 350 different biochemical reactions.** For patients with **chronic fatigue syndrome (CFS) and fibromyalgia,** magnesium may be the **MOST IMPORTANT** critical mineral according to the **CFS Research Foundation.** Studies also show magnesium is especially helpful for those with **HBP, stress, migraines, depression, nervous system issues, lack of energy, etc.** Magnesium Bisglycinate is a preferred form due to its superior absorption and gentleness on the bowels.

**\$13<sup>99</sup>**  
90 Vcaps  
Save \$3

**NEW PAIN RELIEF!**



**Fast Joint Care + Proven to get you moving! Don't have time for joint pain, but still feel like you have tried everything?** Look no further and find your solution with Genuine Health's **NEW effective product called Fast Joint Care +.** It is proven to start getting you the results in as little as **7 days, with just one capsule a day!** Complete Joint Care + uses **NEM (Natural Eggshell Membrane)** a new super food for your joints which include: **collagen, glucosamine, chondroitin, and hyaluronic acid!** The

**\$29<sup>99</sup>**  
30 caps  
Save \$13

**POWER OF OXYGEN**



**Aerobic Oxygen®** Non-toxic, stabilized electrolytes of oxygen in a molecular form. Oxygen is one of the five elements required to sustain life. **Oxygen deficiency is arguably the greatest cause of disease. Oxygen provides life and energy to every cell.** Oxygen is not only a **life-giver, but also a killer of harmful anaerobic infectious bacteria.** Poor diet, sedentary life style, stress, illness, carbon-based fuels, deplete oxygen in our bodies. Many of us are **"oxygen-starved" and we are unaware! When our cells are deprived of oxygen, our immune system weakened,** we open our bodies to invasion by viruses and other diseases. Many more serious diseases have been helped by taking Aerobic Oxygen. Mountain climbers, skiers, pilots who are in high altitudes can restore normal breathing with Aerobic Oxygen.

**\$13<sup>99</sup>**  
60ml

**INCREDIBLE PRICE!**



**Nutri-Flex – The Most Advanced, Absorbable and Effective Liquid Formula!** Just a spoonful a day helps to keep arthritis and joint pain away! Nutri-Flex is not just another Glucosamine product, this advanced formula combines with Hydrolyzed Gelatin and other anti-inflammatory herbs to provide an important matrix of nutrients needed to repair and slow down joint degeneration. Gelatin contains 20 amino acids including those which are known to strengthen and rebuild joint cartilage and speed muscle recovery time. That's why a lot of athletes take Nutri-Flex, which is the Official Joint Care Supplement for the Hockey Hall of Fame!

**\$21<sup>99</sup>**  
500ml  
FREE Pill Box

**IRRISISTIBLE PRICE!**



**Vital Greens – Don't like Gritty Powdered Green? No Time or Too Messy to Mix? Join the LIQUID GREENS Revolution!** This great mint tasting Greens features over 40 herbs, 15 Vegetable Juice Extracts and Superfoods sweetened with Stevia, suitable for Diabetics or those on sugar restricted diet. Vital Greens is the ideal choice to help Energize, Detoxify, Provides a Strong Foundation for Weight Loss to Prevent Cravings, Aids Digestion, Balance ph levels, Support Better Elimination. For those who does not eat enough fruits and vegetables, this is a great supplement. Vital Greens is the Official Green Food of the Hockey Hall of Fame!

**\$21<sup>99</sup>**  
500ml  
FREE Pill Box

**WINNER OF MANY AWARDS!**



**Vega Whole Food Optimizer + FREE Savi Seeds 1oz - Gold** Winner of Retailer Choice Award and Gold for Product of the Year 2008! Formulated by **Brendan Brazier, Iron-man, Gold winner of Retailer Choice Award & Gold for Product of the year 2008.** This new Vega has 100% RDI of vitamins and minerals, improved texture and mouth feel, more organics. Compare with the old Vega, this has 4x more vitamins & minerals, a 67% increase in fibre, 10% less sweet. Vega increases energy & stamina, prevents osteoporosis, normalizes thyroid function, reduces serum cholesterol, etc.

**\$59<sup>99</sup>**  
1030-1064g

Bring your empty vitamin bottles to purchase any vitamin or supplement and receive 50¢ OFF your purchase. Empty bottles must be presented at time of purchase. One empty bottle per one item purchased.



**Biofen-Plus - New & Improved! Say "NO" to Hair Loss!** Sold for over 14 years successfully in Europe and N. America for both men and women. Just one capsule a day for treatment of **hereditary Androgenic Alopecia** in adults. All natural ingredients and together inhibit the enzyme responsible for causing male or female pattern baldness. Scientific studies proved their effectiveness. **Reduction of hair loss within 3-4 weeks. Noticeable new hair growth with 3-4 months.** Use Biofen shampoo & conditioner for added benefits.

**\$16<sup>99</sup>**  
 Shamp/Cond  
 250ml  
**\$62<sup>99</sup>**  
 30s  
 Save up to \$23



**VERY POWERFUL SEX ENHANCER**  
**Extra LHT – Men are Ecstatic ... and Satisfied ... Really Works!** Extra LHT enhances both desire and performance and increases testosterone production! It enhances strong erection, excitability and better orgasms. Contains 100:1 Tongkat Ali (eurycoma longifolia jack), horny goat weed, tribulus, maca and more to let you achieve the best orgasm intensity and duration to reach the ultimate sex experience you'll ever have! Use only prior to activity.

**\$54<sup>99</sup>**  
 30s  
 Save \$10  
 Buy 6, get one FREE

**HIGH BLOOD PRESSURE? THIS REALLY WORKS!**



**Blood Pressure Formulation Combo by Bell – the brand you can trust!** Dr. Hammond recommends Fish Peptide extract which will effectively inhibits ACE, an enzyme responsible for blood vessel constriction. Helps to achieve proper relaxation and dilation of artery walls. Also contains Celery seed, wild garlic, passion flower, barberry - all helping to reduce blood pressure successfully!

**\$29<sup>99</sup>**  
 60s

**VERY EFFECTIVE**



**BioErect – For him and her!** Reclaim your virility and self-esteem and "see the fireworks!"

Be the lover you were with this African herb. You and your partner will enjoy an increase in stamina, increase in sexual desire and longer performance. BioErect is equally effective for men and women and both of you can be in ecstasy! Use only before activity, not every day. 100% natural.

**\$29<sup>99</sup>**  
 30s  
 Save \$6  
 Buy 6, get one FREE

**NO MORE GASPING FOR AIR!**



**Snoring & Sleep Apnea Eze – NO MORE "STOP BREATHING OR GASPING FOR BREATH!"** An All Natural product which works wonders! No More Separate Rooms, No More CPAP Machine, No Hose or Mask, NO FEAR! You can sleep calmly and deeply Without Stress! Snoring and Sleep Apnea affect a lot of people and can turn into a health hazard and this Product can help you. A customer came in and told me his condition improved immensely even after 3 days of taking the product. Testimonials like "Sleep Apnea Stopped"; "I did not like the sleep apnea mach ine!" "It is such a joy not having to use the CPAP machine", "Regained sleep peace!" and more... Please note: Take the capsules and Never Sleep on your back. If you sleep on the left side, bend your right knee and put it forward of your left knee; do the opposite if you sleep on the right side.

**\$27<sup>99</sup>**  
 60 caps  
 Save \$4

**INCREASE LIBIDO**



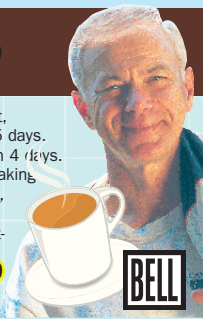
**MacaSure™ - Extra Strength Organic Maca 750 mg** Known as the "Peruvian Ginseng", Maca has been shown in human trials to increase libido by 180% and sperm count by 200%. In laboratory studies with rodents, Maca increase mating frequency by 400%! What doctors say about Maca: "Maca is very useful in treating male impotence, erectile dysfunction, menopausal symptoms and general fatigue," Dr. Aquila Calderon, MD, Lima, Peru. Please pick up a pamphlet for more of what doctors say about Maca.

**\$35<sup>99</sup>**  
 120s  
 Buy 2  
 Bottles for  
**\$64<sup>99</sup>**

**FREQUENT BATHROOM TRIPS?**

**Dribbling because of an enlarged PROSTATE**

Most men over 50 have this health problem day and night, because of an enlarged prostate. Most have relief in 3-5 days. 99% success rates. • Was amazed to see a difference in 4 days. Jim Moody, Mississauga, ON • Doctor said to keep on taking the tea. 100% relief. Drugs didn't help. Leonard Pearcey, Wassiss, NB • Wow! This tea really works. Quick 75% relief. Luther Muth, North Battleford, SK • Dozens of letters! Results guaranteed: **MUST HELP OR MONEY REFUNDED.** **\$22<sup>99</sup>**  
 Bell Prostate Ezee Flow Tea #PRS120, 2-4 weeks supply. **120 g**



**REDUCE PROSTATE ENLARGEMENT**



**Prairie Naturals**

**Prost-Force™ - Enlarged Prostate?**

Contains (80-85% Sterols), Saw Palmetto, Pygeum, Zinc, B6, Lycopene, Nettle, Oyster Extract, and more. Very advanced formula. Dosage excellent. **Effective to help men to reduce frequent or trouble with night urination.**

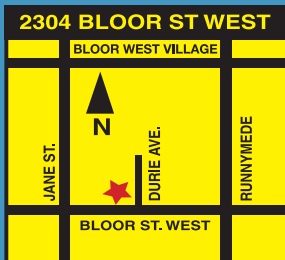
**\$22<sup>99</sup>**  
 60 Softgels  
**\$50<sup>99</sup>**  
 120 + 60 Softgels  
 Shrink Wrap

We make no claim, either expressed or implied that these products can cure disease, replace prescription, or supersede sound medical advice.

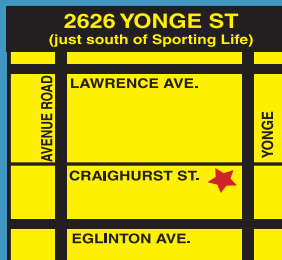
**STORE HOURS:** Please call each store for store hours.  
**Phone our mail order service at (416) 977-3088 or 1-800-387-4761 (7 days a week, during store hours), or email: sales@supplementsplus.ca 24 hours/7 days per week on-line ordering: visit www.supplementsplus.ca www.alivehealthblog.com**

**TORONTO STORE LOCATIONS:**

**2304 Bloor St. West (416) 766-2004**



**2626 Yonge Street (416) 482-5288**



**MAIL ORDER:**

Full Facilities and Service for Mail Order Over the World.  
 Above Sale Prices Available at All Locations While Quantities Last.  
 We accept all major credit cards & debit cards.